

Dr.'s REMEDY
Enriched Nail Care



Over 30 different colours to choose from, along with Base coat, Top coat, Cuticle care, Nail Hydration and Nutritional polish remover.

Why we choose Dr.'s Remedy.....

- The fact that we attend to many patients with brittle, discoloured nails and other issues often associated with harsh chemicals found in nail polish.
- Dr.'s Remedy products are Free of DBP, Toluene, Camphor, Phthalate, Formaldehyde & Formaldehyde resin. (Safe for children & moms-to-be)
- Dr.'s Remedy is vegan friendly and contains a range of organic ingredients in its special formulation to help keep nails healthy. Each bottle contains....

Tea-Tree Oil - a potent essential oil known for its exceptional antiseptic and antifungal qualities.

Garlic Bulb Extract - powerful antibacterial, antifungal and antiviral agent that works synergistically with Vitamin C to help kill harmful germs.

Vitamins C&E - nourishing antioxidants, known to help strengthen both skin & nails.

Wheat Protein - a vegetable derived, high quality protein with stellar moisture binding capabilities that helps to naturally boost your nails natural shine.



Soapstones products are a Natural Skin Care line, locally made in Muskoka. All recipes are thoughtfully produced with babies, pregnant moms and animals in mind.

Soapstones products are safe for everyone, here is why:

They Do Not Use:

Parabens – commonly found in mass-produced lotions & deodorants.

Sulfates – commonly found in soaps, detergents & cleaners.

Phthalate – used globally in food & skincare packaging, but does not have to be listed, and therefore very hard to avoid.

Mineral Oil, Petroleum Jelly, Hardening Agents or Phosphates

(A mild preservative is used in the lotions to ensure a healthy product that lasts a reasonable amount of time, although the preservative level remains at less than 1% of the recipe.)

Barrie Foot Clinic Policies

Spa guest must be at least 16 years of age or consent is required by a parent or guardian.

Payment Insurance plans will not cover Medi-ped Spa services. Cash, Cheques, Credit or Debit accepted. Gift Certificates available by Request!!! *Gratuities in cash only please

Arrival at Spa We recommend arrival to be at least 15 minutes prior to your scheduled appointment time to ensure appropriate start & end times of service so as not to inconvenience the next guest.

Cancelled Appointments Should you need to cancel your appointment, we require 24 hours notification in advance. Full payment is required should cancellation be received after this time.

Note: Do not shave your leg 24 hours prior to appointment (Even if you don't think you nicked yourself, microscopic cuts can be easy entry points for infection)

Precaution: Please notify the Barrie Foot Clinic receptionist / Aesthetician should you have high blood pressure, heart conditions, diabetes, if you are pregnant or have any physical ailments.

Medi-Ped Spa
A union of health & beauty



140 Bradford Street
Barrie Ontario L4N 3B3

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705.739.6181

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www.barriefootclinic.com

What makes us different?

- Luxurious pedicures and massage in your own private ped-spa suite.
- A clean facility that follows the same stringent sanitation and sterilization requirements as those set for hospitals.
- All Instruments will be Autoclaved, and packaged.
- Gloves are worn for all services performed.
- Customized services for people with special health related needs such as Diabetes.
- Nail products are free of DBP, Toluene, Camphor, Phthalates, Formaldehyde & Formaldehyde resin.
- No cross use of Nail Polish and brush applicators. Polish is poured into a disposable container and disposable applicators are used.
- We identify potential nail fungus and proceed in the proper manner to ensure No Cross Contamination, even between your own feet.
- New tub liners for each guest to eliminate cross contamination.
- Other products used for services such as salts, scrubs, masks, lotions or oils contain No Paraben, Sulfate, Phthalates.



Spa Pedis

♥ Luxurious (75min) \$75

Enjoy our luxurious pedicure in your own private Ped-spa suite that will include a customized foot bath. Dry skin will be buffed to silky smooth perfection followed by an organic salt scrub, to cleanse away impurities while relaxing your mind, body, and spirit. Nails will be shaped and filed to perfection. Cuticles will be hydrated and infused with a key ingredient that helps deliver and maintain moisture. A Whipped Mask will be applied (wrapped in warm towels) as it seals and retains the moisture and helps prevent daily wear and tear. A hydrating foot and lower leg massage will renew your senses. Finished with an impeccable application of polish. (Free toe waxing by request)

♥ Signature (60min) \$65

Immerse yourself into your own private serenity Ped-spa, includes a customized foot bath using an organic milk bath or traditional aromatic salts to cleanse away any dehydration and impurities, while plunging your mind into a decompressed state. Your feet will be buffed for a fresh silky feel, followed by an organic scrub. Nails shaped and filed, cuticles hydrated, as well as a hydrating foot and lower leg massage to follow. Completed with our nourishing polish. (Free toe waxing by request)

♥ Express (40min) \$40

In a rush? The express will include a salt water soak/or a steamy towel cleanse (your choice). Nails shaped and filed, cuticle hydration, an indulgent massage followed by an expert polish application and you are on your way!

♥ Diabetic Pedicure (60min) \$65

We recognize the unique foot needs of those with diabetes, so with this in mind, the pedicure will start with a custom foot soak, a gentle scrub to exfoliate, and a foot mask to enhance skin conditioning. Nails are lightly trimmed followed by revitalizing foot and lower leg massage to increase circulation. Polish of your choice to complete your visit.

♥ The Manly Pedicure (45 min) \$50

Includes a soak in a customized salt, followed by a refreshing scrub. Feet will be buffed, nails shaped, cuticles hydrated followed by a hydrating foot and lower leg massage and concluded with Happy Feet foot powder for a fresh clean feel. (Free toe waxing by request)

♥ Foot / Lower Leg Massage (30min) \$40

Followed by a customized footbath, be treated with a foot and lower leg massage, utilizing Swedish Massage Technique to improve circulation and to rejuvenate your mind.

♥ Polish Change (20min) \$20

Perfect for an in-between service when you need a fresh look for your toes.

♥ French Polish or Nail Art add \$8.00

♥ Toe / Foot Waxing \$10

Gift Certificates Available
Pricing does not include HST or gratuities
Gratuities in cash only please

Rejuvenate your
mind, body and soul.



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